# Root, Sheila Constance

June 12, 2024



## Sheila Constance Root

After a day of celebrating many of her favourite things, Sheila Constance Root passed away peacefully, with her family by her side, on Saturday May 11th, 2024, at the age of 92 years. Sheila was predeceased by her loving husband, Douglas in 2016.

Sheila was well known for her compassionate, kind and optimistic approach to life.  She was caring, devoted and hard working – at home and in her lifelong career as a Nurse.  Her nurturing spirit was always there to offer comfort and support to those around her.  She touched countless lives and had an incredible impact on many.

Sheila’s memory will be kept bright by her cherished children, Susan (Ron) and Robert (Linda); and her treasured grandchildren: Eric (Ashley) Elliott and Jasper, Braden, Brooklyn (Jordan) and

Harper, and Clayton (Ashley).

Often seen with a rosary in her hand, Sheila prayed daily and had strong faith.  She had a wonderful last day and beginning of everlasting life.

The family would like to thank Dr. Haver for his attentive and kind care for Sheila.  Thank you to the staff and residents at Points West Living for embracing her into your family.

**A Celebration of Sheila's well lived life will be held on Thursday, June 27th, 2024 at 11:00 a.m. in Moose Jaw Funeral Home.** Pastor Marvin Seaborg will officiate and a private family interment will take place in Cupar, SK. **Those not able to attend may view the service by going to www.moosejawfuneralhome.com/webcast/.** In keeping with Sheila's faith, a private Funeral Mass was held.  In lieu of flowers, donations in Sheila's name may be made to the Cupar and District Nursing Home, 213 Mills St, Cupar, SK S0G 0Y0 – a place where she was loved and admired.  Arrangements are entrusted to Moose Jaw Funeral Home, 268 Mulberry Lane.  Gary McDowell, Funeral Director 306-693-4550

1.



Margaret Mary Petreny on June 14, 2024 at 5:28 pm

My condolences to Sheila's family in the loss of such a treasured soul. She was a beloved friend and will be dearly missed but never forgotten. What a gift to have known her and prayed with her.

Reply

2.



Sandra Wilders on June 14, 2024 at 6:53 pm

Missing your beautiful face my friend sleep tight and God bless you ❤ Love Sandra xxx

Reply

3.



Eleanor Wilson on June 15, 2024 at 11:23 am

My Condolence to the family, Shela was an amazing lady I bacame a Nurses Aid at Cupar under her when she was the Matron I woked with her and she was one of a kind,.Ihave never forgotten her,.R.I.P. Sheila,.

Reply

4.



Conrad & Melanie Nadeau on June 15, 2024 at 4:53 pm

Sending our deepest condolences for the sudden passing of your dear mother. She will be sadly missed by your family and all that knew her. May God give you strength with each passing day.

Reply

5.



Marv Huber on June 16, 2024 at 8:22 am

Susan, Ron and family please accept our deepest condolences in the loss of such a special person, she was such a good friend to me and everyone at PWL, she was one of the first persons who welcomed my mother when she arrived at PWL and made sure she was looked after, I truly enjoyed the many bus trips I took with Shiela to Friday church service and downtown, she was always a trooper and never complained about anything, being positive was in her blood. She was such a go getter she was always making sure everyone else was looked after and thought of, I know PWL will never be the same without her. Take care and our thoughts are with you.
Marv &Terry Huber

Reply