

# Rach, Helen Mary

April 1, 2019



Helen Mary Rach

**Helen Mary Rach**, aged 97 years of Moose Jaw and formerly of Spring Valley, SK, passed away peacefully at Extendicare on Friday, July 26th, 2019. Helen was born to Lorenz and Maria Lang at Raymore, SK. Helen married the love of her life, George, on September 15th, 1939. She was a wonderful homemaker and gardener, and also helped with the store they owned in Spring Valley. Helen's biggest love was her family and friends, and any precious time she had to spend with them. She loved to play sports, go to dances, do crafts, and play with any family pets. Helen was also actively involved with community groups, including the Catholic Church in Spring Valley, until they retired to Moose Jaw in 1978. She was predeceased by her husband, George; sons, Kevin and Keith; and daughter, Carole. Helen is lovingly survived by her daughter, **Lee** (Randy) Zaremba; son-in-law, Roger LaBelle; grandchildren: Michelle (Paul) Sanders, Raechelle (Jason) Masuda, Monique (Andrew) Atherton, Trina (Cal) Martens, and Christopher (Erica) Zaremba; as well as 14 great-grandchildren. **The Funeral Service will be held on Friday, August 2nd, 2019 at 11:00 a.m. in Moose Jaw Funeral**

**Home.** Father John Prince will officiate and interment will take place at Rosedale Cemetery. As an expression of sympathy, donations in Helen's name may be made to the Spring Valley Roman Catholic Church, Box 97, Spring Valley, SK S0H 3X0. Arrangements are entrusted to Moose Jaw Funeral Home, 268 Mulberry Lane. Calvin Gammel, Funeral Director 306-693-4550.

1.



**Randy and Brenda Ludwar** on July 29, 2019 at 5:35 pm

Hello Lee and Randy, Brenda and I extend our sincere condolences on the passing of your mom. You are in our prayers, sincere regards, Randy and Brenda Ludwar.

[Reply](#)

2.



**RUTH THIELE** on July 29, 2019 at 7:04 pm

SO SORRY TO HEAR OF HELENS PASSING SHE WAS A APART OF MY WHOLE LIFE ONE OF MOM'S PHONE PALS IN LATERS YEARS WHEN MOM COULDN'T GET ABOUT AND OUT MUCH. ALWAYS A BIG SMILE FOR US ALL YES BIG PART OF OUR GROWING UP LIVES. IM SORRY I CAN'T MAKE IT FRIDAY BUT I WILL BE THINKING OF YOU ALL WITH PRAYERS AND HUGS.

[Reply](#)

3.



**Sandra Hornung on August 1, 2019 at 3:55 pm**

Dear Lee and family, and the families of Kieth and Carole. So sorry to hear about Aunt Helen's passing. What a wonderful lady! I remember her funny stories (in particular, the invasion of snakes in Spring Valley, many years ago) and her inspirational chats (specifically at the last family reunion in Moose Jaw). I hope your wonderful memories bring great comfort now and in the future.

My thoughts are with you.

[Reply](#)

4.



**Linda (Harris) Stirton on August 1, 2019 at 6:48 pm**

Lee, Randy, Roger and families, my condolences on the loss of Helen. She was a neighbour of my Mom's in the apartment block so I had some visits with her also, and always enjoyed the time. Thinking of you during this difficult time.

[Reply](#)