

Holness, Helen

March 30, 2023



HELEN HOLNESS (née: Sykora)

March 13th, 1926 – March 28th, 2023

Helen Holness aged 97 years of Moose Jaw, SK, passed away peacefully on Tuesday, March 28th, 2023 at her home in Chateau St Michael, where she has resided for the last 8 years. Helen was born to Czech immigrant parents Adolph and Josephine Sykora in the Hay Meadow District in Saskatchewan, Section 9 Township 5 Range 5 West of 3rd. She learned how to speak English when she started school. As a young woman, she left her farm home and joined the Army.

She was predeceased by her husband, Ben; son, Wayne; sons-in-law, Ralph Petroschuk and Bill Seida; and all of her siblings and in-laws – the last of her generation in both families. Helen is survived by her daughters, Linda Seida and Loraine

Petroschuk; daughter-in-law, Glenna Holness; 7 grandchildren and 10 great-grandchildren; as well as several nieces and nephews.

In keeping with Helen's wishes, a Private Family Service will be held at a later date. Arrangements are entrusted to Moose Jaw Funeral Home, 268 Mulberry Lane. Michelle Ellis, Funeral Director 306-693-4550