Forest, Paul Victor

April 21, 2020

Paul Victor Forest

It is with great sadness that the family of **Paul Victor Forest** announces his sudden passing on Friday April 17th, 2020 at the Regina General Hospital at the age of 60 years.

Paul was born in Assiniboia, SK., on February 20th, 1960. He was predeceased by both his maternal and paternal grandparents, his parents, Denis (2006) and Cecile (2012). Paul is survived by his brother, Michel and his sisters, Diana and Marie Anne, all of Moose Jaw, SK., as well as many uncles, aunts, cousins, and we cannot forget his sisters yorkie, Lily, whom Paul loved dearly.

In his early years, Paul did a lot of farm work, including custom combining in the States. Once he obtained his A1 licence, he moved to Regina where he worked at Kindersley Transport. From there Paul was employed for 14 years at Fort Garry Industries as a heavy duty mechanic where he was still employed at the time of his passing.

Paul loved to fish and especially enjoyed hunting. He also

brought in many trophies for stock car racing.

Paul cherished all the friendships he made along the way and enjoyed meeting them for coffee and supper each Saturday. Above all Paul took great pride in his family.

Left to mourn his passing are his siblings, aunts, uncles, cousins, friends, as well as his second family at Fort Garry.

As a result of Covid 19 restrictions, a Private Interment will take place in Willow Bunch Cemetery with a private family celebration of Paul's life to take place at a later date. Memorial donations in Paul's name may be made to the Multiple Sclerosis Society of Canada 150 Albert St. Regina, SK S5R 2N2

Arrangements are entrusted to Moose Jaw Funeral Home, 268 Mulberry Lane. Gary McDowell, Funeral Director 306-693-4550.

1.

Don and ELaine Winkler on April 21, 2020 at 1:23 pm

Diana and Mary Anne. So sorry to dear of the passing of your brother. We will keep you in our thoughts and prayers.

Reply

2.

Glennys Burns on April 21, 2020 at 1:49 pm

Deepest sympathy to you all at this time. So many memories of Paul and your whole family. May he Rest In Peace. Linda, Glennys, Shawna Peterson and families.

Reply

3.

Kathy Lalonde on April 21, 2020 at 5:53 pm

So sorry to hear of Paul’s passing. Sending our deepest sympathy to Michel, Diana and Marie Anne.
Out thoughts and prayers are with you at this time.

sincerely, , Kathy and Guy Lalonde

Reply

4.

David & Georgina Brenner on April 22, 2020 at 7:51 am

Deepest sympathies to Michel, Diana and Marie Ann in loss of your brother Paul. Our thoughts & prayers.

Reply

5.

Doris Y. O'Reilly on April 22, 2020 at 9:59 am

Dear Michel, Diana and Marie Anne. So sorry to hear of your loss of your brother Paul. Our most sincere condolences. sending Hugs .
Sincerely Doris and Andre O’Reilly

Reply

6.

Alain Bourgeois on April 22, 2020 at 12:00 pm

Condolences to the family.

Reply

7.

Debbie Prefontaine Frecon on April 22, 2020 at 12:42 pm

Sincere sympathies to all of Paul’s families and friends

Reply

8.

Jason Linder on April 22, 2020 at 8:27 pm

Diana, Michael and Marie Anne it my family and I send our prayers and condolences. Paul was a great person freind and co-worker we could always joke around let each other know when we crossed the line appoligize and go back to teasing each other. The shop will not be the same without Paul. He always talked about you guys to us at work and how proud he was of each of you, we are family in the shop and as we lose a family member we mourn take care you guys <3

Reply